



**2020/2021
Information**

Cleveland Athletic Academy

We combine skill development and classroom academics, providing an environment where hockey players are given the resources needed to learn, grow, and compete to their fullest potential. Players are given structure and routine organized by our professional coaching staff for classroom monitoring time, on-ice/court skill development, physical training, and enhanced video coaching. We are located at a newly constructed classroom with state-of-the-art technology provided at the hospitality of Barons Bus Arena.

- **Receive scheduling and constant educational tutoring supports**
 - **Practice on-ice with experienced skill development coaches**
 - **Train in a high-class weight training facility w/ full time trainer**
 - **Access to synthetic ice: puck shooting & stick handling center**
 - **Watch video breakdown guided by professional coaching staff**
- **Practice, learn, and socialize in an environment with hockey players**

ACADEMY YEAR

Start: Monday, August 17th, 2020

End: Friday, May 28th 2021

Duration of day: 7am – 3pm (8 hours)

Questions?
Cody Gonyeau – Academy Director
cody.gonyeau@gmail.com
216-410-8387

FULL YEAR TUITION

\$6,650.

(900/hr Academic)+(179/hr On-Ice/Court)+(179/s. physical training)+(90/hr Video)

- ~Full academic facilitation: lesson guidance, organization, schedule management,
- ~Assessment & testing administration, implementation of accommodations/modifications
- ~Certified ODE Professional K-12 Educator: Individualized guidance and academic tutoring
 - ~Flexibility to incorporate your online school of choice per hometown district
 - ~5 hr/week, on-ice skill development practices with high quality professional coaching
 - ~5 hr/week, physical preparation training (hockey specific) dry land & weightlifting
 - ~30 min/day video breakdown (player's individual film review time with guided coaching)

Typical Day, MONDAY-FRIDAY

—	7:00 am	Arrival
1	7:00-9:15 am (2.25 hour)	Academic Time in Classroom
2	9:15-9:40 am (25 min)	Video/Snack/Stretching/Warm Up
3	10-11 am (1 hour)	On-Ice Skill Development Hockey Practice
4	11:15-12 pm (45 min)	Physical Training in Weight Center
	12-12:15 pm (15 min)	Shower
5	12:15-12:45 pm (30 min)	Lunch
6	12:45-3:00 pm (2.25 hour)	Academic Time in Classroom
—	3:00 pm	Dismissal

School year includes the following days off:

- 6 days = Memorial, Labor, MLK, President's, Easter (2)
- sick/personal/snow days = At home online study
- 1 week off = Thanksgiving break
- 2 weeks off = Winter break
- 1 week off = Spring break

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